VITAMIN B12 SHOT
Consent Form

B12 Facts
B12 injections are typically used as a treatment for a certain type of anemia (pernicious anemia). In this type of anemia, people lack intrinsic factor in the stomach which is necessary for the absorption of the vitamin. Megaloblastic anemia cannot be cured, (these individuals need B12 supplementation for the rest of their lives). Vegetarians (especially vegans) are given shots of B12 since their diet is low in animal products, the primary source of B12. People with chronic fatigue or anemia require weekly to monthly injections of B12 injection.

Benefits of B12
Escalates metabolism, thereby aiding in weight loss
Healthier immune systems
Improves sleep without making you drowsy
Increases energy, mental awareness and alertness
Reduces allergies
Helps the body to prevent stress, tension and anxiety
Fights depression
Improves mood stabilization
Surges stamina for everyday tasks
Lessens frequency and severity of migraines and headaches
Helps lower homocysteine levels in the blood, thereby reducing the probability of heart diseases and strokes

Possible Side Effects and Contraindications of B12
A vitamin B12 shot is safe and generally has no negative side effects, even in higher doses. Some redness and/or swelling at the injection site may occur as with any injection. This should start to get better within forty-eight (48) hours. In rare cases, B12 can cause diarrhea, peripheral vascular thrombosis, itching, rash, hives, sensitivity to cobalt and/or cobalamin is a contraindication. People with chronic liver and/or kidney dysfunction should not take frequent B12 injections.
Interactions with drugs: Chloramphenicol can block the red blood cell producing properties of B12. (Chloramphenicol is an antibiotic useful for the treatment of a number of bacterial infections.)
Drugs that decrease or reduce the natural absorption of B12: antibiotics, cobalt irradiation, colchicine, colestipol, H2-blockers, metformin, nicotine, birth control pills, potassium chloride, proton pump inhibitors such as Prevacid, Losec, Aciphex, Pantaloc, and Zidovudine.
B12 is contraindicated in Leber’s disease, a hereditary optic nerve atrophic condition.

If you have any questions ask your physician or Health Department before receiving this shot. If you have a reaction, please see your personal physician immediately.

I have read and understand the above information. I also understand FluShots of America staff will not provide Medical Advice. I have had the opportunity to ask my personal physician(s) questions regarding my receiving this shot. I understand the benefits and risks of this shot. I hereby release my Employer, FluShots of America, StarMedical Group, Medical Director and any other organizations associated with this immunization, their affiliated, associated and related entities, and the directors, officers, employees, successors and assigns of all such persons and entity from any and all liability arising from or in any connection with this Vitamin B12 injection.
There is a $30.00 fee for all returned checks. A 50% (Fifty-Percent) fee will be added to the total balance due if this account is turned over to a third-party collection agency.

I am in good health and/or I have my physician's approval.

Name (Please Print) __________________________   Company Name __________________________
Signature __________________________   Date __________________________